

SPECIALTIES

- AUTISM SPECTRUM DISORDER
- EARLY INTERVENTION SPECIALISTS
- INDIVIDUALIZED THERAPY
- PARENT TRAINING AND COACHING
- ARTICULATION AND PHONOLOGY
- LANGUAGE DISORDERS
- DEVELOPMENTAL DELAYS
- STUTTERING THERAPY
- PHONOLOGICAL AWARENESS
- AAC CONSULTATION
- USE OF LATEST TECHNOLOGY
- HANEN® CERTIFIED



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AMERICAN
SPEECH-LANGUAGE-
HEARING
ASSOCIATION

Certified Member

COOK
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and language





Our Sacramento office is conveniently located in North Natomas

COOK SPEECH AND LANGUAGE, INC.

We are a full service private practice employing a team of licensed speech-language pathologists. We offer speech and language therapy in both the clinic and in-home settings. Our private clinic is conveniently located in North Natomas. We offer evaluations, therapy, social groups and parent training sessions at this location. The state of the art office includes video feedback capabilities as well as a family friendly setting. We offer a variety of services for children of all ages with a focus on the importance of early intervention as well as parent and caregiver participation in speech sessions.

Our early intervention sessions offer individual therapy for children under the age of three years as well as parent training on language facilitation techniques. This training allows parents to carryover strategies into the child's daily routines.

Our after school sessions offer extra help with your school age child's IEP (Individualized Education Plan) goals in the areas of speech, language, and social skills.

Cook Speech and Language, Inc. is an authorized vendor of Alta California Regional Center which offers funding for speech and language services to children under the age of three.

Call us at (916) 575-8800 to see if your child may qualify for these services.

SIGNS AND SYMPTOMS

WHAT ARE THE DIFFERENT TYPES OF SPEECH AND LANGUAGE DISORDERS?

WHAT ARE THE COMMON SYMPTOMS OF THE DISORDERS?

ARTICULATION

Children who are hard to understand may have an articulation disorder. Young children often make speech errors such as saying "wabbit" for "rabbit." Children who do not "outgrow" these difficulties may have an articulation disorder.

VOICE AND FLUENCY

Voice disorders can be characterized by a hoarse, scratchy, breathy voice or absence of a voice. Stuttering involves repetitions of whole words and word parts, or "stops" in speech, as well as "holding on" of speech sounds.

LANGUAGE COMPREHENSION AND EXPRESSION

Symptoms of language disorders include: trouble following long directions, remembering lists of words, and understanding multiple meanings of words. Difficulties with grammar or morphology (changes in verb tense) may also exist. For example, one might say, "He running" instead of "He is running."

PRAGMATICS

Difficulties in this area involve trouble with using language in specific situations such as greetings, informing, and requesting. Individuals may have difficulty changing their language for different listeners (e.g., you talk with your children differently than adults), and may not follow conversational rules (e.g., turn taking, staying on topic, starting and ending conversations, etc.).

OUR SERVICES

SPEECH AND LANGUAGE EVALUATIONS

A speech and language assessment includes a variety of standardized and non-standardized measures. Parents receive a full written report following the assessment, as well as a consultation session to review the report results. If warranted, a treatment plan and goals will be developed with parental input as well. Not sure whether your child is in need of an evaluation? Call us for a complimentary phone consultation to discuss your concerns.

SPEECH AND LANGUAGE THERAPY

Speech and language therapy sessions include time spent reviewing the session's goals and progress with parents at the conclusion of each session. Direct therapy consists of individualized instruction for children in a one to one or small group setting. Indirect therapy includes parent training sessions as well as consultations with educators and other professionals that provide service to the child.

SOCIAL GROUPS

Social skills are essential to success in school. Children who have challenges in social language (also called pragmatics) benefit from our after school social groups. These school age groups focus on skills such as: following conversation rules, reading non-verbal language, and using language for different purposes such as requesting and commenting. These sessions are perfect for working on peer interaction skills.

